

Headteacher
Ms V Lanham



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Dear Parents

Mental wellbeing is so important to all of us. The events of this year have highlighted how valuable it is to talk about our worries and concerns to protect our mental wellbeing. This academic year we have introduced 'Time to Talk'. This is an opportunity for pupils to speak to an adult, during their lunchtime play, about their worries.

Pupils have been introduced to Time to Talk through assembly and are being encouraged by their teachers to attend if they have a worry. If your child has something that they are worried about do encourage them to come and talk to the trained adult at school.

Time to Talk is available Monday to Thursday. If there are any concerns which come out of the meetings then we will of course let you know.

If you also have a school worry or concern please do come and talk to us too. If we don't know the answer then we will be able to sign post you to the correct place.

If you have any questions regarding Time to Talk then please don't hesitate to come and speak to me.

Yours sincerely

Ms V Lanham
Headteacher

