Curriculum Plan Overview with Specialist Support

<u> 2023 - 2024</u>

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Wren Class	Multi Skills with	Dance with Anna	Gymnastics with	Football with	Swimming	Athletics with
	Conner Fawdry	Judge	Startastic	Ryan McCarthy	and	Connor Fawdry
			and	and	Multi Skills with	and
			Multi Skills with	Multi Skills with	Connor Fawdry	Dodge Ball with
			Connor Fawdry	Class Teacher		Class Teacher
Owl Class	Multi Skills with	Dance with Anna	Gymnastics with	Football with	Cricket with	Swimming
	Connor Fawdry	Judge	Startastic	Ryan McCarthy	Connor Fawdry	and
	and	and	and	and	and	Athletics with
	Sportshall	Tag Rugby with	Multi Skills with	Multi Skills with	Dodge Ball with	Connor Fawdry
	Athletics with	Class Teacher	Connor Fawdry	Class Teacher	Class Teacher	
	Class Teacher					
Woodpecker	Badminton with	Swimming	Dance with Anna	Dance with Anna	Cricket with	Athletics with
Class	Connor Fawdry	and	Judge	Judge	Connor Fawdry	Connor Fawdry
	and	Hockey with	and	and	and	and
	Sportshall	Connor Fawdry	Bench Ball with	Netball with	Football with	Gymnastics with
	Athletics with		class teacher	Connor Fawdry	Ryan Mc Carthy	Startastic
	class teacher					
Red Kite Class	Swimming	Sportshall	Dance with Anna	Dance with Anna	Cricket with	Athletics with
	and	Athletics with	Judge	Judge	Connor Fawdry	Connor Fawdry
	Badminton with	Class teacher	and	and	and	and
	Connor Fawdry	and	Bench Ball with	Netball with	Football with	Gymnastics with
		Hockey with	Class Teacher	Connor Fawdry	Ryan McCarthy	Startastic
		Connor Fawdry				

Physical Education Curriculum Plan Wren Class Year 2023 - 2024

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Wren Class	Multi Skills with	Dance with Anna	Gymnastics with	Football with Ryan	Swimming	Athletics with
	Conner Fawdry	Judge	Startastic	McCarthy	and	Connor Fawdry
			and	and	Multi Skills with	and
			Multi Skills with	Multi Skills with	Connor Fawdry	Dodge Ball with
			Connor Fawdry	Class Teacher		Class Teacher

Autumn Term 1 Unit Intent and Coach/Specialist Support	Gross Motor Skills Pupils at the expe • Negotiate	 upils at the expected level of development will: Negotiate space and obstacles safely, with consideration for themselves and others. Move energetically, such as running, jumping, hopping and skipping. 										
	Team teaching of	Team teaching of Multi Skills with Connor Fawdry										
Assessment	Head Core Knowledge and Skills 1. To be able to follow physical instructions.			1. To	Core Knowledge ar work as part of a t ing a turn.		H 1	Hands Core Knowledge and Skil1. To be able to move in and o of spaces successfully.				
	Week 1	Week 2	۱ I	Week 3	Week 4	Week 5	;	Week 6	Week 7			
Skills and	Move	Move	Move	9	Move	Move		Move	Move			
Knowledge	energetically,	energetically,	-	getically,	energetically,	energeticall		energetically,	energetically,			
	such as running,	such as running,		as running,	such as running,	such as runr	ning,	such as running,	such as running,			
	jumping, hopping and	jumping, hopping and	jump	ing, ing and	jumping, hopping and	jumping, hopping and	4	jumping, hopping and	jumping, hopping and			
	skipping	skipping	skipp	-	skipping	skipping.	~	skipping.	skipping.			
				-		Negotiate sp	bace	Negotiate space	Negotiate space			
						and obstacle	es	and obstacles	and obstacles			

Autumn Term 2 Unit Intent and Coach/Specialist Support Assessment	Gross Motor Skills Pupils at the expe • Negotiate • Demonstr • Move ene Team teaching o Head Core Ku	cted level of develo space safely, with c ate strength, baland rgetically, such as d f dance with Anna nowledge and Skil	pment consider ce and c lancing. a Judge	will: ration for the coordination from Star S Heart C	emselves and others when playing. Steppers. (Tuesday Core Knowledge and	rs) nd Skills	and others. Hands Core Knowl	•		
	1. To perf	orm dance steps v confidence.	vith	1. To	o dance with a par part of a small g		1. To link 2/3 dance moves successfully.			
		connuence.			part of a small g	group.	Succ	essiully.		
	Week 1	Week 2	V	Veek 3	Week 4	Week 5	Week 6	Week 7		
Skills and Knowledge	Negotiate space safely, with consideration for themselves and others.	Negotiate space safely, with consideration for themselves and others.	safely consid	deration emselves	Negotiate space safely, with consideration for themselves and others. Demonstrate strength, balance and co- ordination when playing.	Negotiate spaces afely, with consideration for themselves and others. Demonstrate strength, balance and cordination wh playing. Move energetically, such as dancing	safely, with consideration for themselves and others. Demonstrate strength, balance and co- ordination when playing. Move energetically,	Negotiate space safely, with consideration for themselves and others. Demonstrate strength, balance and co- ordination when playing. Move energetically, such as dancing		

Spring Term 1	End of Early Years Foundation Stage Expectations (Early Learning Goals)										
Session 1	Gross Motor Skills	-									
Unit Intent and		cted level of develo	pment	will:							
Coach/Specialist		e space and obstac			nsideration for th	nemselves and	doth	ers.			
Support	-	rate strength, bala		-							
		ergetically, such as				ng and climbir	ισ				
		ergetteuny, such as	, i di i i i	19, Janiping	, 110000116, 5100001		'8'				
	Toom Tooching o	of gymnastics with	Stacov	Olivor fron	n Startastic						
Assessment	-	nowledge and Skil	1		ore Knowledge a	nd Skille		ands Core Knowle	dgo and Skills		
Assessment							п				
		form one gymnast		1. 10	follow instruction			1. To achieve	Jade badge.		
	mov	e with confidence.			gymnast coa	acn.					
	Week 1	Week 2	V	Veek 3	Week 4	Week 5		Week 6	Week 7		
Skills and	 Negotiate 	Negotiate space and obstacles safely, with consideration for themselves and others.									
Knowledge	-	rate strength, bala		-							
_		ergetically, such as				ng and climbir	۱ø.				
	See planning towards Jade Badge from Stacey Oliver.										
Spring Term 1		Foundation Stage		-	Learning Goals)						
Session 2	Gross Motor Skills			· ·							
Unit Intent and	Pupils at the expe	cted level of develo	pment	will:							
Coach/Specialist	Negotiate	space and obstacle	s safely	, with consid	eration for themse	elves and other	s.				
Support	Move ene	rgetically, such as ru	unning,	jumping, ho	pping and skipping						
	Team teaching of	Multi Skills with Cor	nor Fa	wdry							
						-					
Assessment		nowledge and Skills	;		Core Knowledge ar			Hands Core Knowle	-		
		gotiate space and		1. T	o work as part of a	i team in a		1. To use equipme			
		cles successfully.			game.				cessfully.		
	Week 1	Week 2		Veek 3	Week 4	Week 5		Week 6	Week 7		
Skills and	Move	Move	Move		Move	Move		Move	Move		
Knowledge	energetically,	energetically,	-	etically,	energetically,	energetically,		energetically,	energetically,		
	such as running,	such as running,		as running,	such as running,	such as runni	ng,	such as running,	such as running,		
	jumping,	jumping,	jumpi	ng,	jumping,			jumping,	jumping,		

	hopping and skipping	hopping and skipping	hopping skipping		hopping and skipping	jumping, hoppin and skipping. Negotiate space and obstacles safely, with consideration fo themselves and others.	skipping. Negotiate space and obstacles safely, with	hopping and skipping. Negotiate space and obstacles safely, with consideration for themselves and other				
Spring Term 2 Session 1 Unit Intent and Coach/Specialist Support	and co-ordinatio To participate in	mastered basic movements including running, jumping, throwing and catching, as well as developing balance, agility d co-ordination, and begin to apply these in football. participate in team games, developing simple tactics for attacking and defending. am Teaching of football with Ryan McCarthy.										
Assessment	Head Core Knowledge and Skills 1. To move the ball successfully from one place to another.			1. To l mis drik	ore Knowledge and be able to overcon takes/failures whe obling or passing t tball.	me en						
	Week 1	Week 2	We	ek 3	Week 4	Week 5	Week 6	Week 7				
Skills and Knowledge	Master movements such as running, jumping, throwing and catching in isolation and combination.	Master movements such as running, jumping, throwing and catching in isolation and combination.	Develop agility, balance, coordination, strength and technique across a number of		Develop agility, balance, coordination, strength and technique across a number of sports.	Developing positional awareness tactics in game situations.	Participate in competitive games and develop attacking & defending tactics.	Participate in competitive games and develop attacking & defending tactics.				
Spring Term 2 Session 2 Unit Intent and Coach/Specialist Support	 End of Early Years Foundation Stage Expectations (Early Learning Goals) Gross Motor Skills Pupils at the expected level of development will: Negotiate space and obstacles safely, with consideration for themselves and others. Move energetically, such as running, jumping, hopping and skipping. 											

	Class Teacher to te	each through multi	skills.						
Assessment	 Head Core Knowledge and Skills 1. To complete team games successfully by making the correct decision negotiating spaces and obstacles and using equipment. 			1. To phy hea	Heart Core Knowledge and SkillsHands Core Knowledge and1. To understand that being physically active makes the heart pump harder which is good for human health.1. To complete multi-skill g successfully as part of a				
	Week 1	Week 2		Week 3	Week 4	Week 5	5	Week 6	Week 7
Skills and Knowledge	Move energetically, such as running, jumping, hopping and skipping	Move energetically, such as running, jumping, hopping and skipping	such jump	getically, as running, ing, ing and	Move energetically, such as running, jumping, hopping and skipping	Move energeticall such as runn jumping, hopping and skipping. Negotiate sp and obstack safely, with consideration for themsely and others.	hing, d pace es on	Move energetically, such as running, jumping, hopping and skipping. Negotiate space and obstacles safely, with consideration for themselves and others.	Move energetically, such as running, jumping, hopping and skipping. Negotiate space and obstacles safely, with consideration for themselves and other
		Wren C	lass wil	ll go swimmi	ng for 5 weeks in Si	ummer 1			
Summer Term 1 Unit Intent and Coach/Specialist Support	Wren Class will go swimming for 5 weeks in Summer 1 End of Early Years Foundation Stage Expectations (Early Learning Goals) Gross Motor Skills Pupils at the expected level of development will: • Negotiate space and obstacles safely, with consideration for themselves and others. • Move energetically, such as running, jumping, hopping and skipping. Team teaching of Multi Skills with Connor Fawdry								

Assessment	Head Core Kn	owledge and Skill	s Heart	Core Knowledge	and Skills	Н	ands Core Knowle	dge and Skills				
	1. To use neg	gotiate space and	1. T	o work as part of a	eam and	1	. To engage in con	npeting in a team				
	obstacles	and use equipment	with c	ommunicate effecti	vely to them		game using equi	pment.				
	confidence	e	d	uring a team game.								
	Week 1	Week 2	Week 3	Week 4	Week 5	5	Week 6	Week 7				
Skills and	Move	Move	Move	Move	Move		Move	Move				
Knowledge	energetically,	energetically,	energetically,	energetically,	energetically		energetically,	energetically,				
	such as running,	such as running,	such as running			•	such as running,	such as running,				
	jumping,	jumping,	jumping,	jumping,	jumping, hop		jumping,	jumping,				
	hopping and	hopping and	hopping and	hopping and	and skipping		hopping and	hopping and				
	skipping	skipping	skipping	skipping	Negotiate sp		skipping.	skipping.				
					and obstacle	2S	Negotiate space	Negotiate space				
					safely, with		and obstacles	and obstacles				
					consideratio		safely, with	safely, with				
					themselves a	and	consideration	consideration				
					others.		for themselves	for themselves				
		and others. and other										
Summer Term 2		End of Early Years Foundation Stage Expectations (Early Learning Goals)										
Session 1	Gross Motor Skills											
Unit Intent and		cted level of develo										
Coach/Specialist	-	e space and obstac			themselves an	d oth	ers.					
Support	 Demonst 	rate strength, bala	nce and coordin	nation.								
	 Move energy 	ergetically, such as	s running, jumpi	ng, hopping, skipp	ing and climbi	ng.						
	Team Teaching o	of athletics with Co	nnor Fawdry.									
Assessment	Head Core Kr	nowledge and Skil	ls Heart	Core Knowledge	and Skills	н	ands Core Knowle	dge and Skills				
	1. To run an	id jump with	1. T	o begin to unders	and and	1	To compete in S	Sports Day races				
	confidenc	ce.	а	ccept race loses a	nd failures in		and multi-skill s	stations.				
			p	erformance.								
	Week 1	Week 2	Week 3	Week 4	Week 5	5	Week 6	Week 7				
Skills and	Move	Move	Move	Move	Move		Move	Move				
Knowledge	energetically,	energetically,	energetically,	energetically,	energeticall	y,	energetically,	energetically,				
	such as running,	such as running,	such as running	such as running	such as run	ning,	such as running,	such as running,				
	jumping,	jumping,	jumping,	jumping,	jumping,		jumping,	jumping,				

Summer Term 2 Session 2 Unit Intent and Coach/Specialist Support	Gross Motor Skills Pupils at the experience • Negotiate	hopping, skipping and climbing. s Foundation Stage I cted level of develop e space and obstact ergetically, such as	pment will: cles safely, with c			hopping, skipping and climbing. Negotiate spa and obstacles safely, with consideration for themselve and others.	5	hopping, skipping and climbing. Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and co- ordination.	hopping, skipping and climbing. Negotiate space and obstacles safely, with consideration for themselves and others. Demonstrate strength, balance and co- ordination.			
	Dodgeball taught by class teacher.											
Assessment	Head Core Kr	nowledge and Skil	ls	Heart C	Core Knowledge a	nd Skills	Н	ands Core Knowle	dge and Skills			
	1. To be abl	e to throw a ball		1. To	accept when caug	ht out or	1	L. To be able to th	nrow and catch a			
	successfu	Illy at pupils as par	rt of	wh	en hit by a ball.			ball successfully	у.			
	a dodgeb	_										
	Week 1	Week 2		Neek 3	Week 4	Week 5		Week 6	Week 7			
Skills and	Negotiate	Negotiate	0	otiate	Negotiate	Negotiate		Negotiate	Negotiate			
Knowledge	space and	space and		e and	space and	space and		space and	space and			
	obstacles	obstacles	obsta		obstacles	obstacles		obstacles	obstacles			
	safely, with	safely, with		y, with	safely, with	safely, with	_	safely, with	safely, with			
	consideration	consideration		ideration	consideration	consideration		consideration	consideration			
	for themselves	for themselves	for themselves and others.		for themselves	for themselv	es	for themselves	for themselves			
	and others.	and others.			and others.	and others.		and others.	and others.			
	Move	Move	Move	-	Move	Move		Move	Move			
	energetically,	energetically,	ener	getically,	energetically,	energetically	,	energetically,	energetically,			

| such as |
|----------|----------|----------|----------|----------|----------|----------|
| running. |

Physical Education Curriculum Plan Owl Class Year 2023 ~ 2024

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Owl Class	Multi Skills with	Dance with Anna	Gymnastics with	Football with	Cricket with	Swimming
	Connor Fawdry	Judge	Startastic	Ryan McCarthy	Connor Fawdry	and
	and	and	and	and	and	Athletics with
	Sportshall	Tag Rugby with	Multi Skills with	Multi Skills with	Dodge Ball with	Connor Fawdry
	Athletics with	Class Teacher	Connor Fawdry	Class Teacher	Class Teacher	
	Class Teacher					

Autumn Term 1	To master basic	movements incluc	ling ru	nning, jump	ing, throwing and	catching, as	well a	s developing bala	nce, agility and			
Session 1	co-ordination, a	nd begin to apply t	these i	s a range of	activities.							
Unit Intent and												
Coach/Specialist Support	To participate in	To participate in team games, developing simple tactics.										
Support												
	Team teaching o	Team teaching of multi skills with Connor Fawdry.										
Assessment	Head Core Ki	nowledge and Skil	ls	Heart C	ore Knowledge ar	nd Skills	H	lands Core Knowl	edge and Skills			
		ently use equipment	t	1. To	work collaborative	ely as part	1	. To move with a	gility to			
	used in m	used in multi-skill games. of a team. negotiate spaces and object										
	Week 1	Week 2	١	Week 3	Week 4	Week 5	1	Week 6	Week 7			
Skills and	To master	To master	To m	laster	To master basic	To master b	basic	To master basic	To master basic			
Knowledge	basic	basic	basic	2	movements	movements	5	movements	movements			
	movements	movements	move	ements	including	including		including	including			
	including	including	inclu	ding	running,	running,		running,	running,			
	running,	running,	runn	ing,	jumping,	jumping,		jumping,	jumping,			
	jumping,	jumping,	jump	oing,	throwing and	throwing a	nd	throwing and	throwing and			
	throwing and	throwing and	throw	wing and	catching, as	catching, as	5	catching, as	catching, as			
	catching, as	catching, as	catch	ning, as	well as	well as		well as	well as			
	well as	well as	well	as	developing	developing		developing	developing			

	developing balance, agility	developing balance, agility		loping nce, agility	balance, agility and co-	balance, agi and co-	lity	balance, agility and co-	balance, agility and co-		
	and co-	and co-	and		ordination, and	ordination,	and	ordination, and	ordination, and		
	ordination, and	ordination, and		nation, and	begin to apply	begin to app		begin to apply	begin to apply		
	begin to apply	begin to apply		n to apply	these is a range	these is a ra		these is a range	these is a range		
	these is a range	these is a range	these	e is a range	of activities.	of activities		of activities.	of activities.		
	of activities.	of activities.	of ac	tivities.		To participa	te	To participate	To participate		
						in team gan	nes,	in team games,	in team games,		
						developing		developing	developing		
						simple tacti	cs.	simple tactics.	simple tactics.		
Autumn Term 1	To master basic i	l movements includ	l ling rui	nning, jump	I ing, throwing and	catching, as v	vella	l as developing bala	nce, agility and		
Session 2		nd begin to apply t				0,		1 0	, , ,		
Unit Intent and											
Coach/Specialist											
Support	Sportshall athletics taught by the Class Teacher.										
Assessment		ore Knowledge and Skills Heart Core Knowledge and Skills Hands Core Knowledge and Skills									
	1. To run an				know that being a		1	. To be able to th			
	confidenc	ce.			portant part of star	ying		ordination and	accuracy.		
				hea	althy physically.						
	Week 1	Week 2	<u>۱</u>	Neek 3	Week 4	Week 5		Week 6	Week 7		
Skills and	To master	To master	To m	aster	To master basic	To master b	asic	To master basic	To master basic		
Knowledge	basic	basic	basic		movements	movements		movements	movements		
	movements	movements		ements	including	including		including	including		
	including	including	inclu	-	running,	running,		running,	running,		
	running,	running,	runn	Ċ,	jumping,	jumping,		jumping,	jumping,		
	jumping,	jumping,	jump		throwing and	throwing an	d	throwing and	throwing and		
	throwing and	throwing and		wing and	catching, as	catching, as		catching, as	catching, as		
	catching, as	catching, as		ning, as	well as	well as		well as	well as		
	well as	well as	wella		developing	developing		developing	developing		
	developing	developing	deve	loping	balance, agility	balance, agi	lity	balance, agility	balance, agility		

balance, agility and co- ordination, and begin to apply these is a range of activities. balance, agility and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. and co- ordination, and begin to apply these is a range of activities. ordination, and begin to apply these is a range of activities. begin to apply these is a range of activities. begin to apply these is a range of activities. these is a range of activities. ordination, and begin to apply these is a range of activities. these is a range of activities. Autumn Tern 2 Skills and Knowledge To perform directed dance steps with confidence. Heart Core Knowledge and Skills 1. To complete dance sequence with a partner and/or small group. Hands Core Knowledge and Skills 1. To perform dances using a range of movement patterns. Autumn Tern 2 Session 2 Unit Intent and Coach/Specialist Support To maste								T	
ordination, and begin to apply these is a range of activities.ordination, and begin to apply these is a range of activities.begin to apply these is a range<		balance, agility	balance, agility	balance, agilit	/ and co-	and co-		and co-	and co-
begin to apply these is a range of activities.begin to apply these is a range of activities.begin to apply these is a range of activities.these is a range of activities. </th <th></th> <th>and co-</th> <th>and co-</th> <th>and co-</th> <th>ordination, and</th> <th>ordination,</th> <th>and</th> <th>ordination, and</th> <th>ordination, and</th>		and co-	and co-	and co-	ordination, and	ordination,	and	ordination, and	ordination, and
these is a range of activities. these is a range of activities. these is a range of activities. of activities.		ordination, and	ordination, and	ordination, an	d begin to apply	begin to ap	ply	begin to apply	begin to apply
these is a range of activities. these is a range of activities. these is a range of activities. of activities.		begin to apply	begin to apply	begin to apply	these is a range	these is a ra	ange	these is a range	these is a range
Autumn Term 2 Session 1 Unit Intent and Coach/Specialist Support To perform dances using simple movement patterns. Head Core Knowledge and Skills Hands Core Knowledge and Skills Assessment Head Core Knowledge and Skills 1. To perform directed dance steps with confidence. Heart Core Knowledge and Skills 1. To perform a simple sequence of dance steps. Skills and Knowledge Week 1 Week 2 Week 3 Week 4 Week 5 Week 7 Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support To master basic movements including running, throwing and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities. Develop agility and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities. Heart Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged. Hands Core Knowledge and Skills 1. To master basic In anster basic To master basic T		0 11 7	0 11 7	0 11 /	0		0	0	0
Autumn Term 2 Session 1 Unit Intent and Coach/Specialist Support To perform dances using simple movement patterns. Assessment Head Core Knowledge and Skills 1. To perform directed dance steps with confidence. Heart Core Knowledge and Skills 1. To perform directed dance steps with confidence. Heart Core Knowledge and Skills 1. To perform a simple sequence with a partner and/or small group. Hands Core Knowledge and Skills 1. To perform a simple sequence of dance steps. Skills and Knowledge Week 1 Week 2 Week 4 Week 5 Week 6 Week 7 Skills and Knowledge Develop agility, balance, coordination, strength and technique. Develop agility, balance, coordination, strength and technique. Develop agility, balance, coordination, strength and technique. Develop agility, balance, coordination, strength and technique. Perform dances technique. Perform dances using a range of movement patterns. Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support To master basic movements including running, throwing and catching, as well as developing agility and co-ordination, apply these in a range of activities. Heart Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To know which d			-	-					
Session 1 Unit Intent and Coach/Specialist SupportTeam teaching of dance with Anna Judge from Star Steppers.AssessmentHead Core Knowledge and Skills 1. To perform directed dance steps with confidence.Heart Core Knowledge and Skills 1. To complete dance sequence with a partner and/or small group.Hands Core Knowledge and Skills 1. To perform a simple sequence of dance steps.KnowledgeWeek 1Week 2Week 3Week 4Week 5Week 6Week 7Skills and KnowledgeWeek 1Week 2Week 3Week 4Week 5Week 6Week 7Skills and KnowledgeDevelop agility, balance, coordination, strength and technique.Develop agility, balance, coordination, strength and technique.Develop agility, balance, coordination, strength and technique.Develop agility, balance, technique.Develop agility, balance, coordination, strength and technique.Develop agility, balance, technique.Develop agility, balance, technique.Meet Core Knowledge and SkillsHands Core Knowledge and SkillsAutumn Term 2 SupportMeaster basic movements including running, throwing and catching, as well as developing agility and co-ordination, apply these in a range of activities.Heart Core Knowledge and SkillsHands Core Knowledge and SkillsAutumn Term 2 SupportHead Core Knowledge and SkillsHeart Core Knowledge and SkillsHands Core Knowledge and SkillsAutumn Term 3 SupportHead Core Knowledge and SkillsHeart Core Knowledge and SkillsI1. To know which direction to move to avoid b		of activities.	of activities.	or activities.					
Unit Intent and Coach/Specialist Support Team teaching of dance with Anna Judge from Star Steppers. Assessment Head Core Knowledge and Skills 1. To perform directed dance steps with confidence. Heart Core Knowledge and Skills 1. To complete dance sequence with a partner and/or small group. Hands Core Knowledge and Skills 1. To perform a simple sequence of dance steps. Skills and Knowledge Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support Develop agility, balance, coordination, strength and technique. Develop agility, balance, coordination, strength and strength and strength and strength and strength and technique. Perform dances using a range of movement patterns. Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support Master basic movements including runing, throwing and catching, as well as developing agility and co-ordination, apply these in a range of activities. Heart Core Knowledge and Skills 1. To have which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged. Hands Core Knowledge and Skills 1. To be able to run quickly and change direction to be able to tag others. Assessment Head Core Know which direction to move to avoid being tagge	Autumn Term 2	To perform dance	es using simple m	ovement patter	ns.	-			
Coach/Specialist Support Head Core Knowledge and Skills Heart Core Knowledge and Skills Hands Core Knowledge and Skills Assessment 1. To perform directed dance steps with confidence. 1. To complete dance sequence with a partner and/or small group. 1. To perform a simple sequence of dance steps. Meek 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and Knowledge Develop agility, balance, cordination, strength and technique. Develop agility, balance, cordination, strength and technique. Develop agility, balance, cordination, strength and technique. Develop agility, balance, cordination, strength and technique. Perform dances using a range of movement patterns.	Session 1								
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Knowledge balance, coordination, strength and technique.balance, coordination, strength and technique.balance, coordination, strength and technique.using a range of movement patterns.using a range of movement patterns. <th></th> <th>Week 1</th> <th>Week 2</th> <th>Week 3</th> <th>Week 4</th> <th>Week 5</th> <th>5</th> <th>Week 6</th> <th>Week 7</th>		Week 1	Week 2	Week 3	Week 4	Week 5	5	Week 6	Week 7
coordination, strength and technique.coordination, strength and technique.coordination, strength and technique.movement patterns.movement patterns.movement patterns.movement patterns.Autumn Term 2 Session 2 Unit Intent and Coach/Specialist SupportTo master basic movements including running, throwing and catching, as well as developing agility and co-ordination, apply these in a rarge of activities.To movement patterns.movement patterns.movement patterns.movement patterns.Autumn Term 2 Session 2 Unit Intent and Coach/Specialist SupportTo master basic movements including running, throwing and catching, as well as developing agility and co-ordination, apply these in a rarge of activities.movement patterns.movement patterns.movement patterns.movement patterns.Assessment to avoid being tagged.Head Core Knowledge and Skills 1. To know which direction to move to avoid being tagged.Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged.Hands Core Knowledge and Skills 1. To be able to run quickly and change direction to be able to tag others.Meek 1Week 2Week 3Week 4Week 5Week 6Week 7Skills andTo master basicTo master basicTo master basicTo master basicTo master basicTo master basicTo master basic	Skills and	Develop agility,	Develop agility,	Develop agility,	Perform dances	Perform dan	ices	Perform dances	Perform dances
strength and technique.strength and technique.strength and technique.patterns.patterns.patterns.patterns.patterns.Autumn Term 2 Session 2 Unit Intent and Coach/Specialist SupportTo master basic movements including running, throwing and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities.To master basic movements including running, throwing and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities.To participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher.To participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher.Head Core Knowledge and SkillsAssessmentHead Core Kowledge and Skills 1. To know which direction to move to avoid being tagged.Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged.I. To be able to run quickly and change direction to be able to tag others.Meek 1Week 2Week 3Week 4Week 5Week 6Week 7Skills andTo master basicTo master basicTo master basicTo master basicTo master basicTo master basicTo master basic	Knowledge	balance,	balance,	balance,	using a range of	using a rang	e of	using a range of	using a range of
technique.technique.technique.technique.Autumn Term 2 Session 2 Unit Intent and Coach/Specialist SupportTo master basic movements including running, throwing and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities.Meant Coach/Specialist SupportTo participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher.Meant Core Knowledge and Skills 1. To know which direction to move to avoid being tagged.Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged.Hands Core Knowledge and Skills 1. To be able to run quickly and change direction to be able to tag others.Meek 1Week 2Week 3Week 4Week 5Week 6Week 7Skills andTo master basicTo master basic		coordination,	coordination,	coordination,	movement	movement		movement	movement
Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support To master basic movements including running, throwing and catching, as well as developing agility and co-ordination, and begin to apply these in a range of activities. Mutumn Term 2 Unit Intent and Coach/Specialist Support To participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher. Mead Core Knowledge and Skills Heart Core Knowledge and Skills Hands Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and tagged. Kills and Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic		strength and	strength and	strength and	patterns.	patterns.		patterns.	patterns.
Session 2 Unit Intent and Coach/Specialist Support apply these in a range of activities. Assessment To participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher. Assessment Head Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. Heart Core Knowledge and Skills 1. To develop resilience to deal with being caught and tagged. Hands Core Knowledge and Skills 1. To be able to run quickly and change direction to be able to tag others. Meek 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic		technique.	technique.	technique.					
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Coach/Specialist Support To participate in team games, developing simple tactics for attacking and defending. Tag Rugby taught by the class teacher. Assessment Head Core Knowledge and Skills Heart Core Knowledge and Skills Hands Core Knowledge and Skills 1. To know which direction to to avoid being tagged. 1. To develop resilience to deal with being caught and tagged. 1. To be able to run quickly and change direction to be able to tag others. Meter Low Meter Low Meter Low Meter Low Meter Low Meter Low Skills and To master basic	Session 2	apply these in a ra	inge of activities.						
Support Head Core Knowledge and Skills Heart Core Knowledge and Skills Hands Core Knowledge and Skills 1. To know which direction to move to avoid being tagged. 1. To develop resilience to deal with being caught and tagged. 1. To be able to run quickly and change direction to be able to to to the being caught and tagged. Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic	Unit Intent and								
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1. To know which direction to move to avoid being tagged. 1. To develop resilience to deal with being caught and tagged. 1. To be able to run quickly and change direction to be able to tag others. Meek 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic	Support			I					
to avoid being tagged. with being caught and tagged. change direction to be able to tag others. Meek 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic	Assessment	Head Core Kr	nowledge and Skil	ls Hear	t Core Knowledge a	nd Skills	Н	ands Core Knowle	dge and Skills
Week 1 Week 2 Week 3 Week 4 Week 5 Week 6 Week 7 Skills and To master basic				ove 1. 1	o develop resilience	to deal	1	To be able to rι	an quickly and
Week 1Week 2Week 3Week 4Week 5Week 6Week 7Skills andTo master basicTo master basic		to avoid b	eing tagged.	١	vith being caught an	d tagged.	ı.	change directio	n to be able to
Skills andTo master basicTo master basicTo master basicTo master basicTo master basicTo master basic							L	tag others.	
		Week 1	Week 2	Week 3	Week 4	Week 5	•	Week 6	Week 7
Knowledge movements movements movements movements movements movements movements movements	Skills and	To master basic	To master basic	To master basic	To master basic	To master b	acic	To master basic	To master basic
		TO Master basic	TO Master Dasic	TO Master Dasit		TO master ba	asic	TO Master Dasic	TO Master Dasic

	including	including	incluc	ding	including	including	including	including			
	running,	running,	runni	ng,	running,	running,	running,	running,			
	throwing and	throwing and	throw	ving and	throwing and	throwing and	throwing and	throwing and			
	catching, as well	catching, as well	catch	ing, as well	catching, as well	catching, as we	I catching, as well	catching, as well			
	as developing	as developing	as de	veloping	as developing	as developing	as developing	as developing			
	agility and co-	agility and co-		/ and co-	agility and co-	agility and co-	agility and co-	agility and co-			
	ordination, and	ordination, and		ation, and	ordination, and	ordination, and	ordination, and	ordination, and			
	begin to apply	begin to apply	begin	to apply	begin to apply	begin to apply	begin to apply	begin to apply			
	these in a range	these in a range	these	in a range	these in a range	these in a range	these in a range	these in a range			
	of activities.	of activities.	of act	ivities.	of activities.	of activities.	of activities.	of activities.			
						To participate i	To participate in	To participate in			
						team games,	team games,	team games,			
						developing	developing	developing			
						simple tactics for	or simple tactics for	simple tactics for			
						attacking and	attacking and	attacking and			
						defending.	defending.	defending.			
Spring Term 1	To mastered bas	ic movements incl	uding	running and	I jumping, as well	as developing b	alance, agility and co	o-ordination, and			
Session 1	begin to apply these through gymnastics .										
Unit Intent and	0 11 /	0.01									
Coach/Specialist	Toom Tooching	e	<u>.</u>	<u>.</u>							
Support	Team reaching o	of gymnastics with	Stacey	y Oliver from	n Startastic						
· · · ·		of gymnastics with				nd Skills	Hands Core Knowle	edge and Skills			
Support	Head Core Kr	0,	ls	Heart C	ore Knowledge ar			-			
Support	Head Core Kr 1. To be able	nowledge and Skil	ls	Неагt С 1. То	ore Knowledge ar participate in gym	nastic	1. To be able to c	omplete			
Support	Head Core Kr 1. To be able	nowledge and Skil to put 2 or 3 gymn part of a simple	ls	Heart C 1. To mo	ore Knowledge ar participate in gym vements to develo	nastic	1. To be able to c movements to	omplete			
Support	Head Core Kr 1. To be able moves as	nowledge and Skil to put 2 or 3 gymn part of a simple	ls astic	Heart C 1. To mo	ore Knowledge ar participate in gym	nastic	1. To be able to c	omplete			
Support	Head Core Kr 1. To be able moves as sequence.	nowledge and Skil to put 2 or 3 gymn part of a simple	ls astic	Heart C 1. To mo and Week 3	ore Knowledge ar participate in gym vements to develo co-ordination. Week 4	nastic op balance Week 5	 To be able to c movements to badge. Week 6 	omplete achieve *** Week 7			
Support Assessment	Head Core Kr 1. To be able moves as sequence. Week 1	owledge and Skil to put 2 or 3 gymn part of a simple Week 2	ls astic	Heart C 1. To mo and Week 3 lop agility,	ore Knowledge an participate in gym vements to develo l co-ordination.	nastic op balance	 To be able to c movements to badge. 	omplete achieve ***			
Support Assessment Skills and	Head Core Kr 1. To be able moves as sequence. Week 1 Master	owledge and Skil to put 2 or 3 gymn part of a simple Week 2 Master	ls astic Devel balan	Heart C 1. To mo and Week 3 lop agility,	ore Knowledge an participate in gym vements to develo co-ordination. Week 4 Develop agility,	nastic op balance Week 5 Develop agility,	 To be able to c movements to badge. Week 6 Develop agility, 	omplete achieve *** Week 7 Develop agility,			
Support Assessment Skills and	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such	week 2 Master Movements such	ls astic Devel balan coord	Heart C 1. To mo and Neek 3 lop agility, ce,	ore Knowledge an participate in gym vements to develo co-ordination. <u>Week 4</u> Develop agility, balance,	nastic op balance Week 5 Develop agility, balance,	 To be able to c movements to badge. Week 6 Develop agility, balance, 	omplete achieve *** Week 7 Develop agility, balance,			
Support Assessment Skills and	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such as running, and	week 2 Movements such as running, and	ls astic Devel balan coord	Heart C 1. To mo and Neek 3 lop agility, ce, lination, gth and	ore Knowledge ar participate in gym vements to develo co-ordination. <u>Week 4</u> Develop agility, balance, coordination,	nastic op balance Week 5 Develop agility, balance, coordination,	 To be able to c movements to badge. Week 6 Develop agility, balance, coordination, 	omplete achieve *** Week 7 Develop agility, balance, coordination,			
Support Assessment Skills and	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such as running, and jumping, in	week 2 Master Movements such as running, and jumping, in	ls astic Devel balan coord stren	Heart C 1. To mo and Neek 3 lop agility, ce, lination, gth and	ore Knowledge an participate in gym vements to develo co-ordination. Week 4 Develop agility, balance, coordination, strength and	nastic op balance Week 5 Develop agility, balance, coordination, strength and	 To be able to c movements to badge. Week 6 Develop agility, balance, coordination, strength and 	omplete achieve *** Week 7 Develop agility, balance, coordination, strength and			
Support Assessment Skills and	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such as running, and jumping, in isolation and combination.	week 2 Master Movements such as running, and jumping, in isolation and combination.	ls astic Devel balan coord strent techn	Heart C 1. To mo and Week 3 lop agility, ce, lination, gth and ique	ore Knowledge an participate in gym vements to develo co-ordination. Week 4 Develop agility, balance, coordination, strength and technique	nastic op balance Week 5 Develop agility, balance, coordination, strength and technique	 To be able to c movements to badge. Week 6 Develop agility, balance, coordination, strength and 	omplete achieve *** Week 7 Develop agility, balance, coordination, strength and technique			
Support Assessment Skills and Knowledge	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such as running, and jumping, in isolation and combination. To master basic r	week 2 Master Movements such as running, and jumping, in isolation and combination.	Is astic Devel balan coord stren techn	Heart C 1. To mo and Meek 3 lop agility, ce, lination, gth and hique nning, jump	ore Knowledge an participate in gym vements to develo co-ordination. Week 4 Develop agility, balance, coordination, strength and technique	nastic op balance Week 5 Develop agility, balance, coordination, strength and technique	 To be able to c movements to badge. Week 6 Develop agility, balance, coordination, strength and technique 	omplete achieve *** Week 7 Develop agility, balance, coordination, strength and technique			
Support Assessment Skills and Knowledge Spring Term 1	Head Core Kr 1. To be able moves as sequence. Week 1 Master movements such as running, and jumping, in isolation and combination. To master basic r	week 2 Master Movements such as running, and jumping, in isolation and combination. movements includ	Is astic Devel balan coord stren techn	Heart C 1. To mo and Meek 3 lop agility, ce, lination, gth and hique nning, jump	ore Knowledge an participate in gym vements to develo co-ordination. Week 4 Develop agility, balance, coordination, strength and technique	nastic op balance Week 5 Develop agility, balance, coordination, strength and technique	 To be able to c movements to badge. Week 6 Develop agility, balance, coordination, strength and technique 	omplete achieve *** Week 7 Develop agility, balance, coordination, strength and technique			

Unit Intent and	To participate in	team games, deve	eloping simple ta	ctics.			
Coach/Specialist							
Support	Team teaching of	f multi skills with (Connor Fawdry.				
Assessment	Head Core Kr	nowledge and Skil	ls Heart	Core Knowledge a	nd Skills	Hands Core Knowle	edge and Skills
		art in team games w	vith 1. To	have the resilience	e to	1. To move with a	agility, co-
	confidence	2.	m	anage emotions wh	nen their	ordination and	balance to be
			te	am loses.		able to compet	te successfully in
				-		a team game.	
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Skills and	To master	To master	To master	To master basic	To master ba	sic To master basic	To master basic
Knowledge	basic	basic	basic	movements	movements	movements	movements
	movements	movements	movements	including	including	including	including
	including	including	including	running,	running,	running,	running,
	running,	running,	running,	jumping,	jumping,	jumping,	jumping,
	jumping,	jumping,	jumping,	throwing and	throwing and	throwing and	throwing and
	throwing and	throwing and	throwing and	catching, as	catching, as	catching, as	catching, as
	catching, as	catching, as	catching, as	well as	well as	well as	well as
	well as	well as	well as	developing	developing	developing	developing
	developing	developing	developing	balance, agility	balance, agili	, , , ,	balance, agility
	balance, agility	balance, agility	balance, agility	and co-	and co-	and co-	and co-
	and co-	and co-	and co-	ordination, and	ordination, a	,	ordination, and
	ordination, and	ordination, and	ordination, and	begin to apply	begin to appl	• • • •	begin to apply
	begin to apply	begin to apply	begin to apply	these is a range	these is a ran	0	these is a range
	these is a range	these is a range	these is a range	of activities.	of activities.	of activities.	of activities.
	of activities.	of activities.	of activities.		To participate		To participate
					in team game		in team games,
					developing	developing	developing
					simple tactics	. simple tactics.	simple tactics.
Spring Term 2	To mastered bas	ic movements incl	uding running, ju	Imping, throwing a	nd catching, as	well as developing b	alance, agility
Session 1		n, and begin to ap			3,	. 0	, , ,
		, 0 1		ctics for attacking a	nd defending.		

Unit Intent and Coach/Specialist Support	Team Teaching c	of football with Ry	an McC	arthy.					
Assessment	Head Core K	nowledge and Skil	lls	Heart C	Core Knowledge a	nd Skills	Н	ands Core Knowle	edge and Skills
		which tactic to take			have the resilience			. To be able to d	-
	defend .			abl	e to manage their	emotions		ball.	
					heir team loses.	entotiono	2	. To be able to p	ass the hall to a
					ich team ioses.		2	team member.	
	Week 1	Week 2	N	/eek 3	Week 4	Week 5	5	Week 6	Week 7
Skills and	Master basic	Master basic	Maste	r basic	Master basic	Master basi	с	Master basic	Master basic
Knowledge	movement	movement	mover	nent	movement	movement		movement	movement
Ũ	including	including	includi	ing	including	including		including	including
	running, as well	running, as well	runnin	ng, as well	running, as well	running, as	well	running, as well	running, as well
	as developing	as developing	as dev	eloping	as developing	as developir	ng	as developing	as developing
	balance, agility	balance, agility	balanc	ce, agility	balance, agility	balance, agi	lity	balance, agility	balance, agility
	and co-	and co-	and co)-	and co-	and co-	•	and co-	and co-
	ordination and	ordination and	ordina	ition and	ordination and	ordination a	nd	ordination and	ordination and
	begin to apply	begin to apply	begin	to apply	begin to apply	begin to app		begin to apply	begin to apply
	these in a range	these in a range	these	in a range	these in a range	these in a ra		these in a range	these in a range
	of activities.	of activities.	of acti	vities.	of activities.	of activities.		of activities.	of activities.
	Participate in	Participate in	Partici	pate in	Participate in	Participate i	n	Participate in	Participate in
	team games,	team games,	team g	games,	team games,	team games	5,	team games,	team games,
	developing	developing	develo	oping	developing	developing		developing	developing
	tactics for	tactics for	tactics	for	tactics for	tactics for		tactics for	tactics for
	attacking and	attacking and	attack	ing and	attacking and	attacking an	nd	attacking and	attacking and
	defending.	defending.	defend	ding.	defending.	defending.		defending.	defending.
Spring Term 2	To mastered bas	ic movements incl	luding r	unning, jur	nping, throwing a	nd catching,	as we	II as developing ba	alance, agility
Session 2	and co-ordinatio	n, and begin to ap	ply the	se in multi	-skills.				
Unit Intent and									
Coach/Specialist	Multi Skills taught by the class teacher.								
Support									
Assessment	Head Core Ki	nowledge and Skil	lls	Heart C	Core Knowledge a	nd Skills	н	ands Core Knowle	edge and Skills

	 To know what they need to do to be able to successfully take part in a team game i.e. sprint, hand equipment to team member, listen carefully to instructions. Week 1 Week 2 			 To work collaboratively with team to be successful. 			 To be able to move with balance, agility and co- ordination to be able to compete successfully in team games. 		
	Week 1	Week 2		Week 3	W	eek 4		Week 5	Week 6
Skills and Knowledge Summer Term 1 Session 1 Unit Intent and Coach/Specialist Support	and co-ordination To participate in to	movements including runn jumping, throw and catching, well as develo balance, agilit and co-ordina movements incl , and begin to ap eam games, deve	mov ning, inclu wing jump as and oping well y balan tion. and uding runni ply these is eloping simp	To mastered basicTo mastered basicTomovementsmovementsmovementsmovementsincluding running,including running,including running,jumping, throwingjumping, throwingjumping, throwingand catching, asand catching, asand catching, aswell as developingwell as developingwell as developingbalance, agilitybalance, agilitybalance, agilityand co-ordination.and co-ordination.andrunning, jumping, throwing and catching, asand				astered basic ements ding running, ing, throwing catching, as as developing ace, agility co-ordination. I as developing	To mastered basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination. balance, agility
Assessment	1. To demons	ding of the basic	1	Heart Core Knowledge and Skills 1. To work collaboratively with their team to successfully field in rounders game.			 Hands Core Knowledge and Skills 1. To be able throw and catch the rounders ball successfully. 2. To be able to bat the ball successfully using either a racquet or rounders bat. 		row and catch the I successfully. bat the ball using either a
	Week 1	Week 2	Week	3 We	ek 4	Week 5		Week 6	Week 7
Skills and Knowledge	movements such as running,	Master movements such as running, jumping,	Develop ag balance, coordinatio strength an	balance, n, coordina	0,1	Developing positional awareness		Participate in competitive games and develop	Participate in competitive games and develop

Summer Term 1 Session 2 Unit Intent and Coach/Specialist Support	catching in catching in catching in catching in catching is combination.	atching in olation and ombination. ents including run oply these through		strength an technique.	situations.	attacking & defending tactics.	attacking & defending tactics. e tactics for attacking		
Assessment	Head Core Core Kn 1. To understar dodgeball an compete suc	nd the rules of d know how to	1. To effe	be able to cor ectively with t e to compete	dge and Skills mmunicate heir team to be successfully in a	1. To be able to	wledge and Skills successfully throw a et the opponent. catch the ball.		
	Week 1	Week 2	Wee		Week 4	Week 5	Week 6		
Skills and Knowledge	Master basic movements including running, throwing and catching.	Master basic movements including runnin throwing and catching.	throwing ar catching.	s m inning, in nd th ca Pa ga sii at	laster basic ovements cluding running, irowing and atching. articipate in team ames, developing mple tactics for tacking and efending	Master basic movements including running, throwing and catching. Participate in team games, developing simple tactics for attacking and defending	Master basic movements including running, throwing and catching. Participate in team games, developing simple tactics for attacking and defending		
Summer Term 2 Session 1 Unit Intent and Coach/Specialist Support	and co-ordination,	To mastered basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in athletics . Team Teaching with Connor Fawdry from Visionary Sports. (Fridays)							
Assessment	1. To move wit	wledge and Skills n confidence in running, jumping a	1. To	identify an a	dge and Skills area for n athletic ability	Hands Core Knor 1. To be able to	wledge and Skills o sprint.		

				l then evaluate ow formance.	<i>i</i> n		 To improve own performance in standing long jump. To improve own performance in throwing activity (football throw or javelin). 		
	Week 1	Week 2	Week 3	Week 4		Week 6	Week 7		
Skills and	Master	Master	Master	Master	Develop agilit	ty,	Develop agility,	Develop agility,	
Knowledge	movements such	movements such	movements such	movements such	balance,		balance,	balance,	
	as running,	as running,	as running,	as running,	coordination,	,	coordination,	coordination,	
	jumping,	jumping,	jumping,	jumping,	strength and		strength and	strength and	
	throwing and	throwing and	throwing and	throwing and	technique.		technique.	technique.	
	catching in	catching in	catching in	catching in					
	isolation and	isolation and	isolation and	isolation and					
	combination.	combination.	combination.	combination.					
		Owl Class	will be swimming fo	or 6 weeks in Summ	er Term 2.				

Physical Education Curriculum Plan Woodpecker Class Year 2023 ~ 2024

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Woodpecker	Badminton with	Swimming	Dance with Anna	Dance with Anna	Cricket with	Athletics with
Class	Connor Fawdry	and	Judge	Judge	Connor Fawdry	Connor Fawdry
	and	Hockey with	and	and	and	and
	Sportshall	Connor Fawdry	Bench Ball with	Netball with	Football with	Gymnastics with
	Athletics with		class teacher	Connor Fawdry	Ryan Mc Carthy	Startastic
	class teacher					

Woodpecker Class have 6 swimming sessions in the Autumn Term.

Autumn Term 1 Session 1 Unit Intent and Coach/Specialist Support	To play competit develop strength	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. To develop strength and technique, control and balance through badminton . Team teaching with Connor Fawdry from Visionary Sports. (Fridays)									
Assessment		nowledge and Skil he rules of a simple adminton.		1. To i whi	ore Knowledge an dentify badmintor ch needs improvir luate progress.	n skill	 Hands Core Know 1. To be able to badminton ra shuttlecock 2. To be able to opponent. 	serve using the			
	Week 1	Week 2	Weel	k 3	Week 4	Week 5	Week 6	Week 7			
Skills and	Master	Master	Develop a	gility,	Develop agility,	Participate in	Developing	Developing			
Knowledge	movements such	movements such	balance,		balance,	games and	positional	positional			
	as running,	as running,	coordinat	ion,	coordination,	develop	awareness	awareness			
	jumping,	jumping,	strength a	and	strength and	attacking &	tactics in game	tactics in game			
	throwing and	throwing and	technique	2.	technique.	defending	situations.	situations.			
	catching in	catching in				tactics.					

		solation and										
		ombination.										
Autumn Term 1 Session 2 Unit Intent and						nnique, control and ba personal best. Taught						
Coach/Specialist												
Support	Taught by the class t											
Assessment		wledge and Skills		Knowledge an			vledge and Skills					
	Week 1	Week 2	Week 3		/eek 4	Week 5	Week 6					
	To use running and jumping in isolation and combination.	To use running an jumping in isolatic and combination.	•	tion jumping n. and con ty, Develop	nbination. flexibility, n, technique, and	To use running and jumping in isolation and combination. Develop flexibility, strength, technique, control and balance. Compare their performance with previous and demonstrate improvement to achieve their personal best.	To use running and jumping in isolation and combination. Develop flexibility, strength, technique, control and balance. Compare their performance with previous and demonstrate improvement to achieve their personal best.					
Autumn Term 2 Session 1 Unit Intent and Coach/Specialist Support	principles suitable	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending through hockey . Team teaching with Connor Fawdry.										
Assessment	1. To know the	wledge and Skills rules of a simple key and demonstrate play.	1. To com with th and sus	 Heart Core Knowledge and Skills 1. To communicate effectively with their team during a game and sustaining this when losing a game. 			 Hands Core Knowledge and Skills 1. To be able to defend effectively in a game. 2. To be able to attack effectively in a game. 3. To be able to score. 					

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7				
Skills and	To use running	To use running	To use running	To use running	To use running	To use running	To use running				
Knowledge	in isolation and	in isolation and	in isolation and	in isolation and	in isolation and	in isolation and	in isolation and				
	in combination.	in combination.	in combination.	in combination.	in combination.	in combination.	in combination.				
	To play	To play	To play	To play	To play	To play	To play				
	competitive	competitive	competitive	competitive	competitive	competitive	competitive				
	games,	games,	games,	games,	games,	games,	games,				
	modified	modified	modified	modified	modified	modified	modified				
	where	where	where	where	where	where	where				
	appropriate	appropriate	appropriate	appropriate	appropriate	appropriate	appropriate				
	and apply basic	and apply basic	and apply basic	and apply basic	and apply basic	and apply basic	and apply basic				
	principles	principles	principles	principles	principles	principles	principles				
	suitable for	suitable for	suitable for	suitable for	suitable for	suitable for	suitable for				
	attacking and	attacking and	attacking and	attacking and	attacking and	attacking and	attacking and				
	defending	defending	defending	defending	defending	defending	defending				
Woodpecker Class will be swimming for 5 weeks in Autumn Term 2.											
Spring Term 1	To develop flexibility, strength, technique, control and balance.										
Session 1	To perform danc	es using a range o	f movement patte	erns.							
Unit Intent and	To compare their	r performances wi	th previous ones	and demonstrate i	mprovement to a	achieve their perso	nal best through				
Coach/Specialist Support	dance.										
	Team teaching w	vith Anna Judge fro	om Star Steppers.	(Tuesdays)							
Assessment		nowledge and Skil		Core Knowledge a	nd Skills	lands Core Knowle	edge and Skills				
		e sequence dance		be able to dance		1. To be able to p	•				
		h confidence.		laboratively with a		dance.					
		e to create own si		small group.							
	dance see		1	0.01							
		1									
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7				
Skills and	Using	Using	Using rhythm	Using rhythm	Using a variety	Using a variety	Participate in				
Knowledge	movement,	movement,	and control to	and control to	of dance style	of dance style	dance activities				
	speed, direction	speed, direction	perform dance	perform dance	reflecting a	reflecting a	both individually				
			actions.	actions.	specific theme.	specific theme.					

	and travel to	and travel to					and as part of a							
	build sequences.	build sequences.					team.							
Spring Term 1 Session 2	attacking and defe	To use throwing and catching in isolation and in combination. To play competitive games and apply basic principles suitable for attacking and defending taught through benchball. Taught by class teacher.												
Assessment		owledge and Skill	s Heart (Core Knowledge ar	nd Skills	Hands Core Knov	wledge and Skills							
		ne rules of benchba		communicate effect		1. To be able to	0							
	and apply	them to their play.		eir team in a game.		successfully t	o their team.							
				-		2. To be able to	catch the ball							
						successfully.								
	Week 1	Week 2	Wee	k 3 W	/eek 4	Week 5	Week 6							
	To use throwing	To use throwin	g To use thro	wing To use t	hrowing	To use throwing	To use throwing							
	and catching in	and catching in		•	hing in	and catching in	and catching in							
	isolation and in	isolation and in			i and in	isolation and in	isolation and in							
	combination.	combination.	combinatio			combination.	combination.							
				• •	competitive	To play competitive	To play competitive							
				-	nd apply	games and apply	games and apply							
				basic pri	•	basic principles	basic principles							
				suitable		suitable for	suitable for							
				attackin	•	attacking and	attacking and							
				defendir	č	defending.	defending							
Spring Term 2			, , , , , , , , , , , , , , , , , , ,	nd balance throug	0,									
Session 1 Unit Intent and	To compare their	performances wi	th previous ones	and demonstrate i	mprovemen	t to achieve their per	rsonal best.							
Coach/Specialist														
Support	Team teaching w	ith Stacey Oliver f	rom Startastics.											
Assessment	Head Core Kr	owledge and Skil	ls Heart (Core Knowledge a	nd Skills	Hands Core Know	wledge and Skills							
		n gymnastic movem		understand the be		1. To be able to	-							
	with confi	dence.		mportant for being	0		novements to							
				ysically and menta		achieve their *** badge.								
	Week 1	Week 2	Week 3	Week 4	Week	5 Week 6	Week 7							

Skills and	Master	Master	Master		Master		Develop spe	hae	Develop speed,	Develop speed,
Knowledge		movement,	moveme		moveme	nt	direction, le		direction, level	direction, level
Kilowicuge		sequences and	sequence		sequence	-	and rotations.		and rotations.	and rotations.
	· ·	shape in	shape in		shape in			13.		
		isolation and	isolation		isolation	and	Using equipment		Using equipme	nt Using equipment
		combination.	combina		combina		in a safe manner		in a safe manne	
			comonia		combina		in a sale me		in a sure manne	
	Using	Using	Using		Using eq	uipment				
		equipment in a	equipme		in a safe	•				
		safe manner	safe man							
Spring Term 2					n and in c	omhinati	n To play co	mnetit	tive games mod	ified where
Session 2			d catching in isolation and in combination. To play competitive games, modified where s suitable for attacking and defending, taught through netball.							
Unit Intent and		biy basic principles	Suitable I		ig and de	ienuing, t		ii netb		
Coach/Specialist	Team teaching with	Connor Fawdry fr	om Vision	ary Sports	(Friday)					
Support		connor rawary no		ary sports.	. (11007)					
Assessment	Head Core Kno	wledge and Skill	c	Heart Co	nre Know	nd Skills	Ha	ands Core Know	vledge and Skills	
Assessment	1. To know the	-	5		Heart Core Knowledge and Skills 1. To play collaboratively with their					throw the ball to
		demonstrate their	-	team and pass the ball			with their	1		ng the appropriate
	understand				essfully.	s the ball				ing the appropriate
	unuerstanu	ing.		Succ	essiuny.			2	pass.	defend and attack in
	Week 1	Week 2		Week	2	\ M /	eek 4		a game. Week 5	Week 6
	Week 1	Week 2		Week	3	vv	eek 4		Week 5	VVEER O
	To use running,	To use running,		o use runni	0.	To use ru	•		e running,	To use running,
	jumping, throwing	jumping, throw		mping, thr	-		, throwing		ing, throwing	jumping, throwing
	and catching in	and catching in		nd catching		and catc	•		atching in	and catching in
	isolation and in	isolation and in		olation and		isolation			ion and in	isolation and in
	combination.	combination.	со	ombination		combina			ination.	combination.
							competitive		ay competitive	To play competitive
						games, r		-	s, modified	games, modified
							ppropriate		e appropriate	where appropriate
						and appl			pply basic	and apply basic
							s suitable	•	ples suitable	principles suitable
						for attac	-		tacking and	for attacking and
						defendir	ng	defending		defending

Unit Intent and Coach/Specialist Support	To use running, jumping, throwing and catching in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending through cricket . Team teaching with Connor Fawdry from Visionary Sports. (Fridays)												
Assessment	1. To know t	nowledge and Skil he rules of Kwik Crio nstrate their iding.		1. To for	Core Knowledge an engage in learning cricket for bowling d fielding.	the skills	1	 Hands Core Knowledge and Skills 1. To bat the ball using a cricket bat. 2. To be able to bowl the ball. 3. To be able to throw and catch as part of fielding. 					
	Week 1	Week 2	١	Veek 3 Week 4		Week 5		Week 6	Week 7				
Skills and Knowledge	To use running, jumping, throwing and catching in isolation and in combination.	To use running, jumping, throwing and catching in isolation and in combination.	jump throv catch isola	se running, To use running, To use runni		nd ind in in. e basic	To use running, jumping, throwing and catching in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To use running, jumping, throwing and catching in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending					

Unit Intent and Coach/Specialist Support	Team teaching with	Ryan McCarthy.					
Assessment		rules of football trate these in their	1. To develop t	uring a game when	 Hands Core Knowledge and Skills 1. To be able to defend the ball effectively. 2. To be able to attack effectively. 3. To be able to pass to team members effectively. 		
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Skills and Knowledge Summer Term 2 Session 1 Unit Intent and Coach/Specialist Support	To develop flexibilit Compared their per	y, strength, techniqu formances with prev	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. atching in isolation an e, control and balance ious ones and demor	e through athletics. Instrate improvement	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.	
Assessment	Hood Coro Know	ladge and Skills	Hoort Coro Know	wladge and Skills	Hands Core Know	wladge and Skills	
Assessment	Head Core Know 1. To perform r and throwin confidence.	unning, jumping	1. To identify p	vledge and Skills personal areas for nt and evaluate	 Hands Core Knowledge and Skills 1. To be able to pass the baton in a relay race. 2. To be able to perform a long jump. 		

								To be able to t football succe	hrow a javelin or ssfully.				
	Week 1	Week 2	Week	k 3 We	ek 4	Week 5		Week 6	Week 7				
Skills and Knowledge	movements such as running, jumping, throwing and catching in isolation and combination.	Master movements such as running, jumping, throwing and catching in isolation and combination.	Develop a balance, coordinati strength a technique	balance, ion, coordina ind strength techniqu	and and	Develop agi balance, coordination strength and technique.	po n, av d ta	eveloping ositional wareness ictics in athletic tuations.	Developing positional awareness tactics in athletic situations.				
Summer Term 2 Session 2 Unit Intent and Coach/Specialist Support		To develop flexibility, strength, technique, control and balance through gymnastics. Team teaching with Stacey Oliver from Startastic.											
Assessment	1. To perform confidence.	to create a simple f gymnastic		Head Core Know 1. To show dete resilience in le skills.	rmination a	and	1. ⁻ 2. ⁻	To achieve thei (Y3)	edge and Skills r Pearl 3 badge. r Ruby 1 badge.				
	Week 1	Week 2		Week 3	We	ek 4	W	/eek 5	Week 6				
	To develop flexibility, strength, technique, control and balance.	To develop flexibility, strer technique, con and balance.	ngth, flex trol tech	develop ibility, strength, hnique, control I balance.	To develo flexibility, technique and balan	strength, e, control		y, strength, fue, control t	o develop lexibility, strength, echnique, control and balance.				

Physical Education Curriculum Plan Red Kite Class Year 2023-2024

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Red Kite Class	Swimming	Sportshall	Dance with Anna	Dance with Anna	Cricket with	Athletics with
	and	Athletics with	Judge	Judge	Connor Fawdry	Connor Fawdry
	Badminton with	Class teacher	and	and	and	and
	Connor Fawdry	and	Benchball with	Netball with	Football with	Gymnastics with
		Hockey with	Class Teacher	Connor Fawdry	Ryan McCarthy	Startastic
		Connor Fawdry				

Red Kite Class have 6 swimming sessions in the Autumn Term.

Autumn Term 1 Session 1 Unit Intent and Coach/Specialist Support	To play competit develop strength	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. To develop strength and technique, control and balance through badminton . Team teaching with Connor Fawdry from Visionary Sports. (Fridays)											
Assessment	 To unders badmintor their play. To be able 	nowledge and Skills tand the rules of n and apply these to to choose and perf t tactic for successf	o form	1. To and	Core Knowledge an demonstrate dete l resilience in deve Iminton skills.	rmination	1 2	 Hands Core Knowle To be able to se opponent. To be able to su sequence of pa To be able to so 	erve to their ustain a sses.				
	Week 1	Week 2	V	Veek 3	Week 4	Week 5	5	Week 6	Week 7				
Skills and	To use running	To use running	To us	e running	To use running	To use run	ning	To use running	To use running				
Knowledge	in isolation and	in isolation and	in iso	lation and	in isolation and	in isolation	and	in isolation and	in isolation and				
	in combination.	in combination.	in cor	mbination.	in combination.	in combina	tion.	in combination.	in combination.				

	To develop T	o develop	Tode	evelop	To deve	lon	To play		To play	To play				
		trength and		igth and	strength		competitiv	0	competitive	competitive				
	-	-		-	-			e	•	-				
		echnique,		nique,			games,		games,	games,				
		ontrol and	control and						modified	modified				
	balance b	balance	balance		balance	e where			where	where				
							appropriate		appropriate	appropriate				
							and apply l	oasic	and apply basi	and apply basic				
							principles		principles	principles				
							suitable fo	r	suitable for	suitable for				
							attacking a	nd	attacking and	attacking and				
							defending.		defending.	defending.				
		Red Kite Clas	s hav	e 5 swimmir	ng sessio	ns in Aut	0		<u> </u>					
Autumn Term 2	To use running and ju	o use running and jumping in isolation and combination. Develop flexibility, strength, technique, control and balance.												
Session 1	Compare their perfor													
Unit Intent and	athletics.													
Coach/Specialist														
Support	Taught by the class t	eacher.												
Assessment	Head Core Know	wledge and Skills		Heart C	Core Knov	vledge an	d Skills	н	ands Core Know	ledge and Skills				
	1. To know how	v to execute their		1. To be able to identify their					To be able to r	un with co-				
	athletic skill	to perform at thei	ir	personal area for growth						balance.				
	personal bes	st.		eval	uate thei	r performa	ance.	2.	ump with technique,					
									control and ba					
	Week 1	Week 2		Week			eek 4		Week 5	Week 6				
	To use running and	To use running		To use runn	•		unning and		•	To use running and				
	jumping in isolation	jumping in isola		jumping in is			in isolation		•	jumping in isolation				
	and combination.	and combinatio	on.	and combination			bination.			and combination.				
				Develop flex		•	flexibility,		•	Develop flexibility,				
				strength, teo	chnique,	•	, technique,	•		strength, technique,				
				control and		control a	nd	contro		control and				
				balance.		balance.		baland		balance.				
								•		Compare their				
								•	mance with	performance with				
								•	ous and	previous and				
								demo	nstrate	demonstrate				

							achie perso	ove their a ponal best. p	nprovement to chieve their ersonal best.		
Autumn Term 2 Session 2 Unit Intent and Coach/Specialist Support	principles suitabl	n isolation and in c le for attacking an rith Connor Fawdr	d defe			mes, modifie	ed wh	ere appropriate a	nd apply basic		
Assessment	2. To know t	nowledge and Skills he rules of a simple ockey and demonst ir play.		2. To wit and	Core Knowledge ar communicate effe h their team durir l sustaining this w ame.	ectively ng a game	4	 Hands Core Knowle To be able to d in a game. To be able to a in a game. To be able to a in a game. To be able to s 	efend effectively ttack effectively		
	Week 1	Week 2	١	Week 3	Week 4	Week S	5	Week 6	Week 7		
Skills and Knowledge	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	in isc in co To pl comp game mod when appr and a princ suita attac	petitive es, ified	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To use run in isolation in combina To play competitiv games, modified where appropriat and apply l principles suitable fo attacking a defending	and tion. e e pasic	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To use running in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending		
Spring Term 1 Session 1	To develop flexibility, strength, technique, control and balance. To perform dances using a range of movement patterns. To compare their performances with previous ones and demonstrate improvement to achieve their personal best through dance.										

Unit Intent and Coach/Specialist Support	Team teaching w	ith Anna Judge fro	om Sta	ar Steppers.	(Tuesday	s)							
Assessment	Head Core Kr	nowledge and Skills	5	Heart	Core Knov	wledge an	d Skills	Hands Core Knowledge and Skills					
	1. To be able	to perform a dance	2.	1. To be able to dance with a				1	. To be part of	f a dance			
	2. To create of	own dance sequence	e as	partner or group.					performance				
	part of a w	hole class dance.		1	0	1-		2	. To show dan				
										d as part of the			
									whole dance				
	Week 1	Week 2	,	Week 3 Week 4 Week					Week 6	Week 7			
Skills and	Using	Using	Using	g rhythm	Using rh	ythm	Using a vari	ety	Using a variety	Participate in			
Knowledge	movement,	movement,	and o	d control to and control to of dance				/le	of dance style	dance activities			
	speed, direction	speed, direction	perfo	rform dance perform dance reflecting a					reflecting a	both individually			
	and travel to	and travel to	actio			me.	specific theme.	and as part of a					
	build sequences.	build sequences.							team.				
Spring Term 1	To use throwing and catching in isolation and in combination. To play competitive games and apply basic principles suitable for												
Session 2	attacking and defending taught through benchball.												
Unit Intent and													
Coach/Specialist	Taught by class tea	acher.											
Support													
Assessment		nowledge and Skills		Heart	Core Knov	wledge an	d Skills	ł	Hands Core Knov	vledge and Skills			
	1. To know th	ne rules of benchba	II			ate effect	•	1. To be able to be able to throw					
	and demor	nstrate these in the	ir			iring a gar			successfully to				
	play.			suc	cessful pla	ay and sus	tain this			catch successfully.			
				whe	en they ar	e losing.		3	. To identify an				
										ble the team to be			
									effective.				
	Week 1	Week 2		Week			eek 4		Week 5	Week 6			
	To use throwing	To use throwin	-	To use thro	-	To use tl	•		e throwing	To use throwing			
	and catching in	and catching in		and catchin	-	and cate	-		atching in	and catching in			
	isolation and in	isolation and ir	ו	isolation an		isolation			ion and in	isolation and in			
	combination.	combination.		combinatio	า.	combina			pination.	combination.			
							competitive		ay competitive	To play competitive			
						games a		•	es and apply	games and apply			
						basic pri	nciples	basic	principles	basic principles			

Spring Term 2 Session 1 Unit Intent and Coach/Specialist Support	To perform danc To compare their dance.	pility, strength, tec es using a range o r performances wi	of move ith prev	ement patte vious ones a	erns. and demonstrate	ng and ing.	attac defer	king and a nding. d	suitable for attacking and defending onal best through			
Assessment	Head Core K 3. To be able 4. To create	eam teaching with Anna Judge from Star Steppers. (Tuesdays)Head Core Knowledge and SkillsHeart Core Knowledge and Skills3. To be able to perform a dance.2. To be able to dance with a part of a whole class dance.3. To be part of a dance part of a whole class dance.4. To create own dance sequence as part of a whole class dance.2. To be able to dance with a partner or group.3. To be part of a dance performance.4. To show dance skills as an individual and as part of the whole dance.4. To show dance skills as an individual and as part of the whole dance.										
	Week 1	Week 2	V	Veek 3	Week 4	Week	5	Week 6	Week 7			
Skills and Knowledge	Using movement, speed, direction and travel to build sequences.	Using movement, speed, direction and travel to build sequences.	and co	rhythm ontrol to rm dance ns.	Using rhythm and control to perform dance actions.	Using a vari of dance sty reflecting a specific the	yle	Using a variety of dance style reflecting a specific theme.	Participate in dance activities both individually and as part of a team.			
Spring Term 2 Session 2 Unit Intent and Coach/Specialist Support Assessment	appropriate and a Team teaching wit Head Core K	To use running, jumping, throwing and catching in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending, taught through netball. Team teaching with Connor Fawdry from Visionary Sports. (Friday) Head Core Knowledge and Skills 1. To demonstrate understanding of 1. To identify areas for personal 1. To demonstrate understanding of										
	netball rul their play. 2. To demon	es and skills throug	h	development in their play and evaluate their progress.				effective passes in their play for the moment in the game.2. To demonstrate effective attacking and defending skills.				

	Week 1	Week 2		Weel	3	W	eek 4		Week 5	Week 6			
Skills and Knowledge Summer Term 1	To use running, jumping, throwing and catching in isolation and in combination. To use running, ju	To use running jumping, throw and catching in isolation and in combination. mping, throwing	ring I	To use runn jumping, th and catchin isolation an combination	rowing g in d in n.	and catc isolation combina To play o games, r where a and appl principle for attac defendir	, throwing hing in and in tion. competitive nodified ppropriate y basic es suitable king and	jumpi and c isolat comb To pla game where and a princi	e running, ing, throwing atching in ion and in ination. ay competitive s, modified e appropriate pply basic iples suitable tacking and ading	To use running, jumping, throwing and catching in isolation and in combination. To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending			
Session 1 Unit Intent and Coach/Specialist Support	through cricket .	To play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending											
Assessment	Head Core Kn	owledge and Skills	5	Heart	Core Knov	vledge an	d Skills	H	lands Core Knov	vledge and Skills			
	1. To demon	strate understand	ding	1. To	identify o	own area	s of	1. To demonstrate effective					
	of cricket i	ules in their play		per	sonal gro	wth and	evaluate		batting skills				
				the	ir own pr	ogress.		2	. To demonstr	ate effective			
									fielding skills				
								3	. To demonstr				
	Week 1	Week 2		Neek 3	Wee	ok 4	Week 5	_	bowling skills Week 6	Week 7			
Skills and		To use running,		se running,	To use r		To use run		To use running				
Knowledge	0,	jumping,	jump	9,	jumping	0,	jumping,	шъ,	jumping,	jumping,			
	, I O,	throwing and				throwing a	nd	throwing and	throwing and				
	Ű	catching in		ning in	catching	0	catching in		catching in	catching in			
	-	isolation and in		tion and in	isolatior		isolation a		isolation and i	0			
		combination.		pination.	combina		combinatio		combination.	combination.			

				To play competitiv games, modified where	To play e competitive games, modified where	To play competitive games, modified where	
				appropriat		appropriate	
				and apply	basic and apply bas	ic and apply basic	
				principles	principles	principles	
				suitable fo	r suitable for	suitable for	
				attacking a	nd attacking and	attacking and	
				defending	defending	defending	
Summer Term 1 Session 2 Unit Intent and Coach/Specialist Support	principles suitable for attacking and defending through football.						
Assessment		wledge and Skills		vledge and Skills	Head Core Knowledge and Skills		
	1. To demonstra			ate effectively with	1. To demonstrate effective		
	football in the			d sustain this when	passing skills.		
		ate an understanding ffective tactic during	their team is	iosing.	2. To demonstrate effective		
		iccessful play.			defending and attacking skills.		
	Week 1 Week 2		Week 3 Week 4		Week 5	Week 6	
Skills and	To use running in	To use running in	To use running in	To use running in	To use running in	To use running in	
Knowledge	isolation and in	isolation and in	isolation and in	isolation and in	isolation and in	isolation and in	
	combination. To	combination. To	combination. To	combination. To	combination. To	combination. To	
	play competitive	play competitive	play competitive	play competitive	play competitive	play competitive	
	games, modified	games, modified	games, modified	games, modified	games, modified	games, modified	
	where	where	where	where	where	where	
	appropriate and	appropriate and	appropriate and	appropriate and	appropriate and	appropriate and	
	apply basic	apply basic	apply basic	apply basic	apply basic	apply basic	
	principles suitable	principles suitable	principles suitable	principles suitable	principles suitable	principles suitable	

	for attacking and	for attacking a	and	for attackir	ng and	for atta	cking and	for at	ttacking and	for attacking and	
	defending.	defending.		defending.	-	defendi	-		-	defending.	
Summer Term 2 Session 1 Unit Intent and Coach/Specialist Support	To use running, jumping, throwing and catching in isolation and in combination. To develop flexibility, strength, technique, control and balance through athletics . Compared their performances with previous ones and demonstrate improvement to achieve their personal best. Team teaching with Connor Fawdry from Visionary Sports. (Fridays)										
Assessment	 Head Core Knowledge and Skills 1. To be able to perform athletic skills in races, jumping and throwing with confidence. 				Core Knov	-			Hands Core Knowledge and Skills		
				 To be able to explain why being physically active is important 			Ţ	 To be able to pass the baton quickly and accurately in relay 			
				for physical and mental wellbeing.				racing. 2. To be able to pace themselves in longer distance races.			
	Week 1	Week 2		Week 3	Wee	ek 4	Week 5	5	Week 6	Week 7	
Skills and Knowledge	movements such as running, jumping, throwing and catching in isolation and	Master movements such as running, jumping, throwing and catching in isolation and combination.	Develop agility, balance, coordination, strength and technique.		Develop balance, coordina strength techniqu	tion, and	Develop agility, balance, coordination, strength and technique.		Developing positional awareness tactics in athletic situations.	Developing positional awareness tactics in athletic situations.	
Spring Term 2 Session 1 Unit Intent and Coach/Specialist Support	To develop flexibility, strength, technique, control and balance through gymnastics . To compare their performances with previous ones and demonstrate improvement to achieve their personal best. Team teaching with Stacey Oliver from Startastics.										
Assessment	 Head Core Knowledge and Skills 1. To be able to create and perform a sequence of gymnastic movements with confidence. 			 Heart Core Knowledge and Skills 1. To identify own area for personal growth on the floor and using apparatus and evaluate own progress. 			Hands Core Knowledge and Skills 1. To achieve *** badge. (Y5) 2. To achieve *** badge. (Y6)				

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Skills and	Master	Master	Master	Master	Develop speed,	Develop speed,	Develop speed,
Knowledge	movement,	movement,	movement,	movement,	direction, level	direction, level	direction, level
	sequences and	sequences and	sequences and	sequences and	and rotations.	and rotations.	and rotations.
	shape in	shape in	shape in	shape in			
	isolation and	isolation and	isolation and	isolation and	Using equipment	Using equipment	Using equipment
	combination.	combination.	combination.	combination.	in a safe manner	in a safe manner	in a safe manner
	Using equipment in a safe manner	Using equipment in a safe manner	Using equipment in a safe manner.	Using equipment in a safe manner			